

Master Healer Pankaj Naram Namaste,
"My Mission is to bring Vibrant Health,
Unlimited Energy, and Peace of Mind, into every
Heart, every Home through the Ancient
Healing Secrets."

“THE LOST ANCIENT
SECRETS
OF
STAYING HEALTHY”

Dr. Pankaj Naram

Siddha Nadi Vaidya

(Master of Ancient Secrets)

NOW YOU CAN EXPERIENCE

VIBRANT HEALTH,
UNLIMITED ENERGY -
AND
PEACE OF MIND

(RARELY ACHIEVED)!



Babaji, Tibet, Age 134 years young

Sadaanand Gogoi, Mr. India, 70 years young









Kusum Atit, 86 years young



Baba Ramdas Swami, 115 years young

The three most important things to achieve in life:

- 1. To know what you want**
- 2. To achieve what you want**
- 3. To enjoy what you have
achieved**

Source: Siddh' Veda

(2,000 years old handwritten scriptures)

Knowing is not Doing

Doing is Doing.

Knowing
& not Doing
but Doing is Doing.



The Most Transforming Six Instruments of Siddhaveda

- 1. Lifestyle**
- 2. Marma**
- 3. Diet**
- 4. Herbal Remedies**
- 5. Panchakarma**
- 6. Home Remedies**

Powerful Home Remedy for Unlimited Energy and Vitality

Breakfast

Almonds	3
Cardamom	3
Fennel seeds	2 tsp

**Soak all ingredients overnight in water.
In the morning add Two Dates, blend or
grind together it with water and drink.**

Diet

Protect Yourself From Fear and Destructive Emotions

Avoid :

Fermented Foods

Fried Foods

Fish

Alcohol

Sodas (Diet and Regular)

Pungent Foods

Canned Foods

Meat

Drugs

Proven Diet

**You can Eat more of these to
Experience
Positive Emotions**

Rice

Leafy Vegetables

Zucchini

Raisins

Ghee

Moong

Pumpkin

Squash

Sweet Seasonal Fruits

Cooked Fresh Foods

Diet

To regain Youth &
Discover Vibrant Health

USE

Magical GHEE

Ghee (Clarified Butter) detoxifies,
rejuvenates, lubricates and
increases Ojas (Vital Energy)

Ancient Home Remedy

To relieve Cough, Cold and Allergy

1. Basil leaves (Tulsi) 7

Black pepper 3 corns

2. Ginger Juice 1/2 to 1 tsp

+

Honey 1/2 to 1 tsp

Ancient Home Remedy

To relieve Acidity, Gas, and Indigestion

Cumin Seeds (Jeera)	1 tsp
Coriander Seeds (Dhaniya)	1/2 tsp
Black Salt	1/2 tsp
Sugar	1/2 tsp
Water	1 cup
Black Currant	6

Proven Home Remedy

For Sound Sleep

Apply Ghee to both temples

and

Magical Marma

Lifestyle

DR. NARAM'S Exercises

To Experience Enlightened Health

7 to 10 minutes to experience

> Strength

> Stamina

> Good Circulation

Lifestyle

Meditation

**Meditation and
Relaxation Techniques
to calm your
Physical,
Mental and
Emotional Beings.**



Marma

Anti Wrinkle Marma

and

**Marma to avoid and remove Glasses
(at the end)**

Marma

Self Esteem

I like my “Self”

I love my “Self”

I am ok with my “Self”

(Marma technique and Mantra)



*Powerful herbs
naturally grown in the forest.*

Echo Friendly Herb Cultivation

- For every plant harvested, two new plants are planted.
- Plants are harvested in such a way that the root remains intact allowing them to continue to flourish.
- This practice reflects our understanding of the cycle of life and the gratitude we feel for the plant kingdom.



- 1. Pujas (prayers), Secret MANTRAS are done before each working day to show respect to the plants and imbibe them with healing energy. Therefore the herbal preparations will be energized.**
- 2. All products are tested for toxic HEAVY metals and pollutants and consistently surpass international requirements.**
- 3. Dr. Naram's Ancient Healing Secrets uses modern technology to standardize Potency & EFFECTIVENESS of herbs.**

Powerful Insights

Insanity

is

doing the same thing,

in the same way

and

expecting a different outcome.

Law of Cause and Effect

**If you keep doing
what you are doing,
you will just keep getting
what you are getting now.**

99% of what you do everyday is
HABITUAL BEHAVIOUR.

**The difference between
being successful and not
being successful depends on those**
HABITS.

**At the end of the next 20 years,
you can have**

20 Years of Experience

OR

you can have

One Year's Experience 20 times

It is a matter of Choice

You are what you
THINK
you are.

You are what you
CHOOSE
to be.

**Your Life is an Expression of all
your Thoughts, Understandings,
Beliefs, Values, Choices and
most importantly,**

FOCUS

&

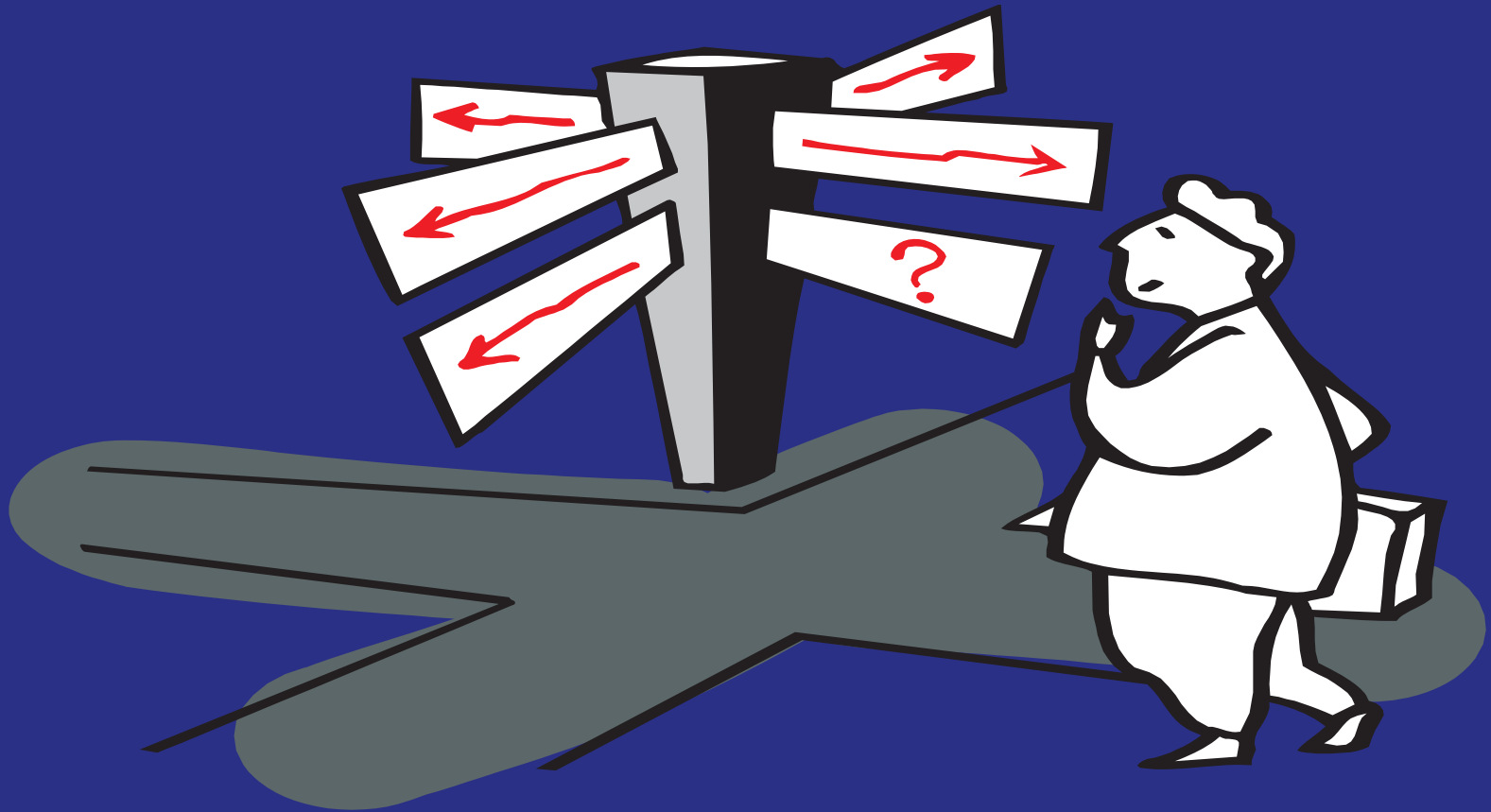
QUALITY OF ATTENTION

The Three Most Fundamental Questions of Our Lives

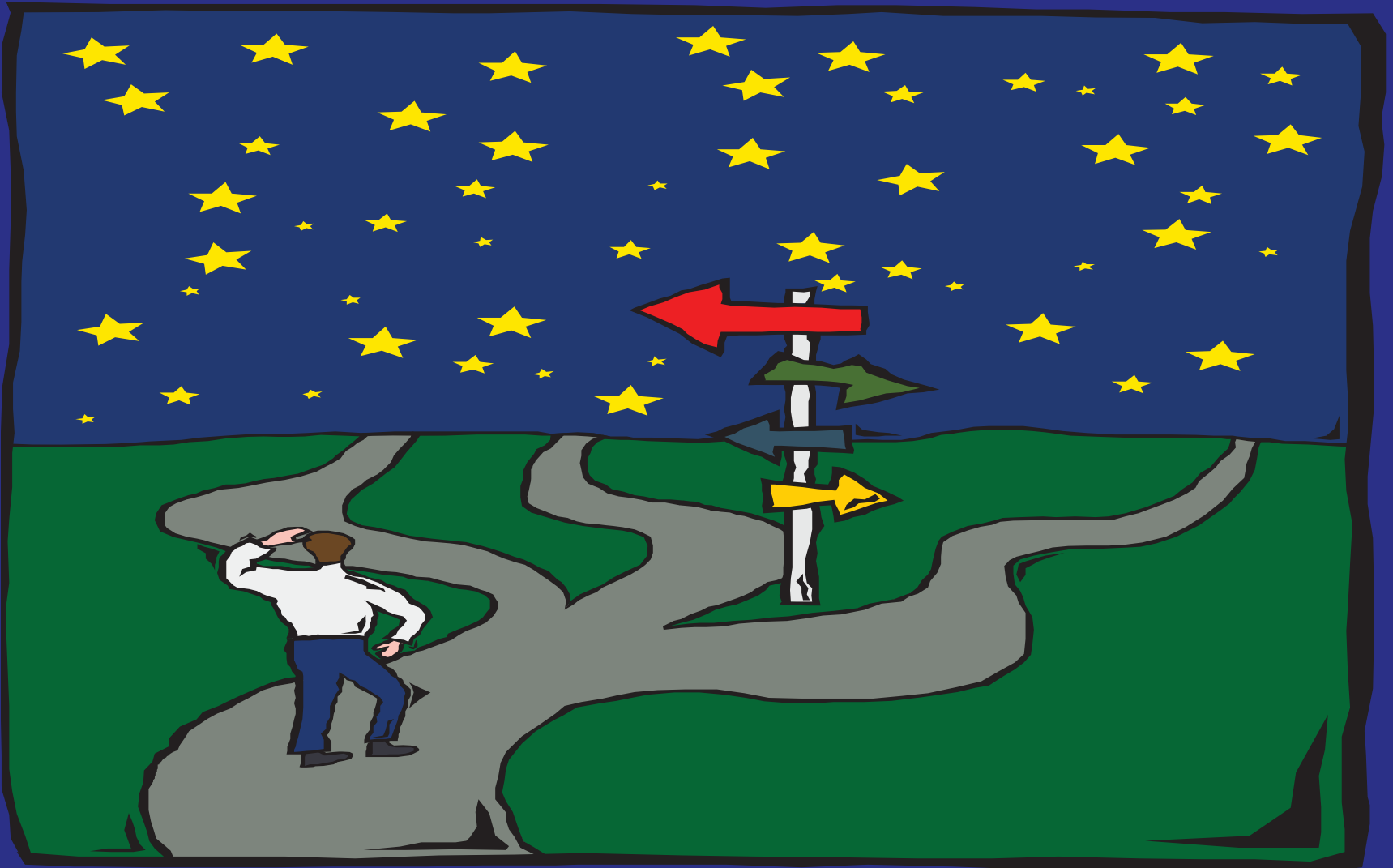
Who Am I?



Where am I going?



How am I going to get there?



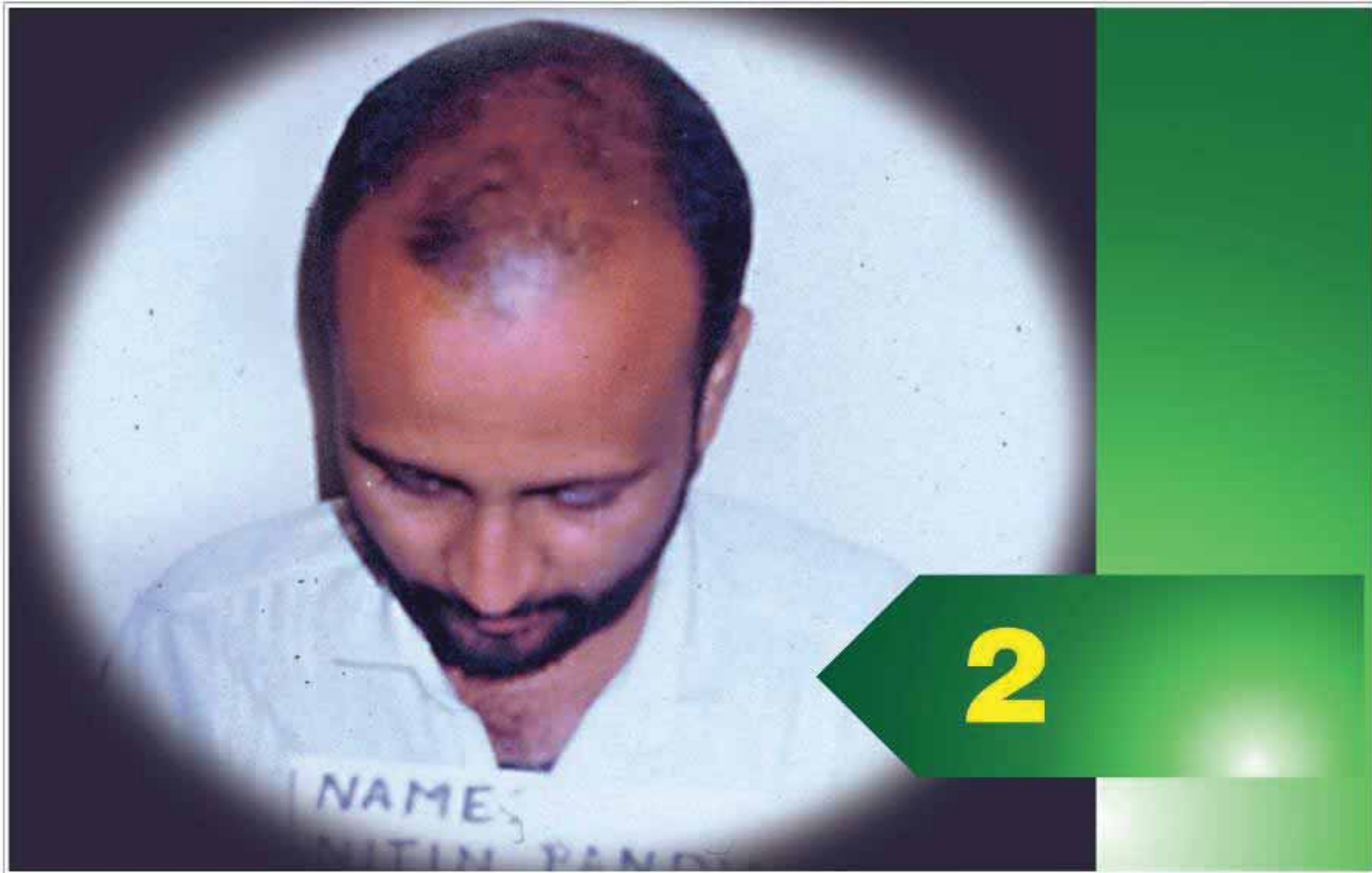


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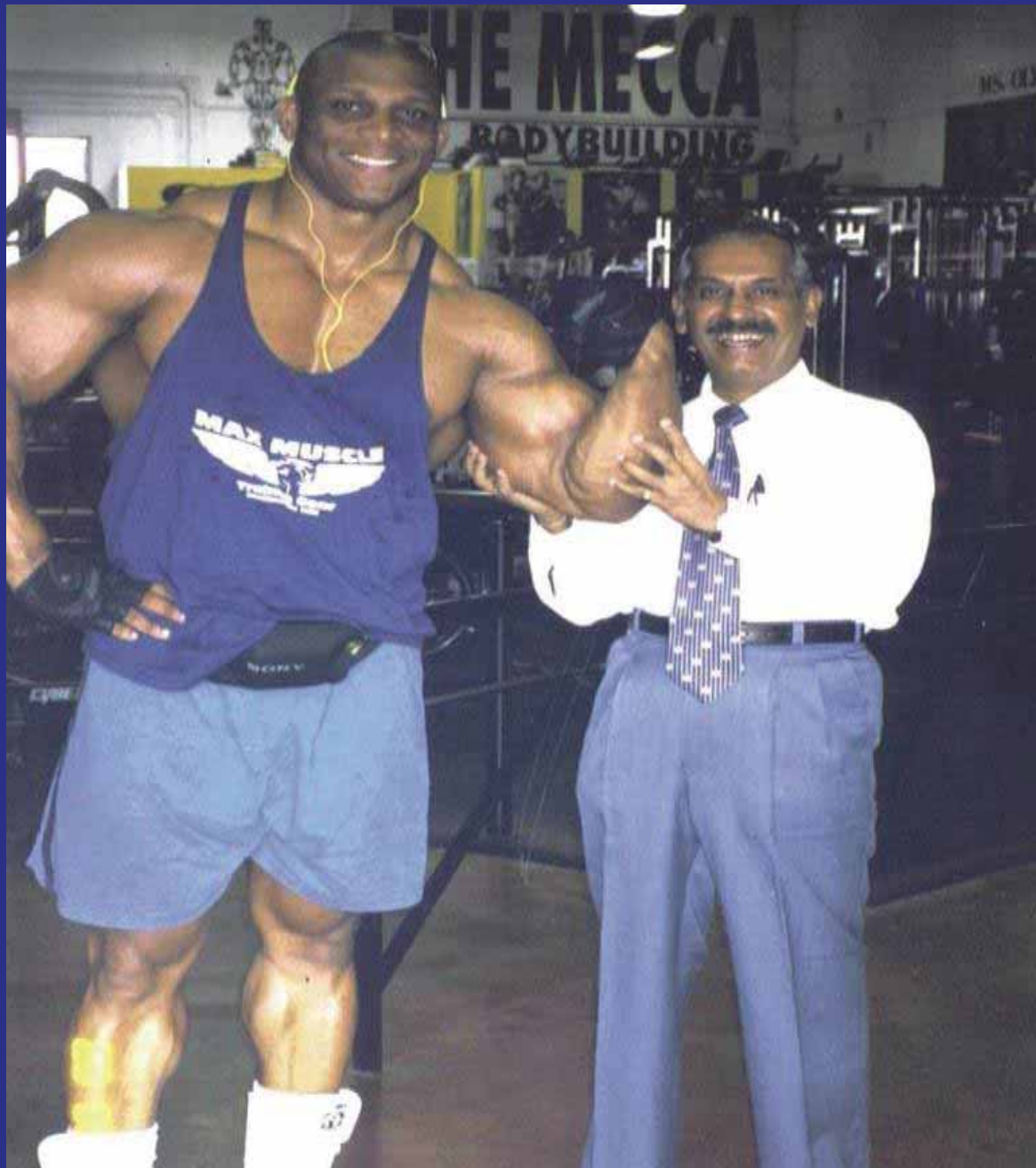
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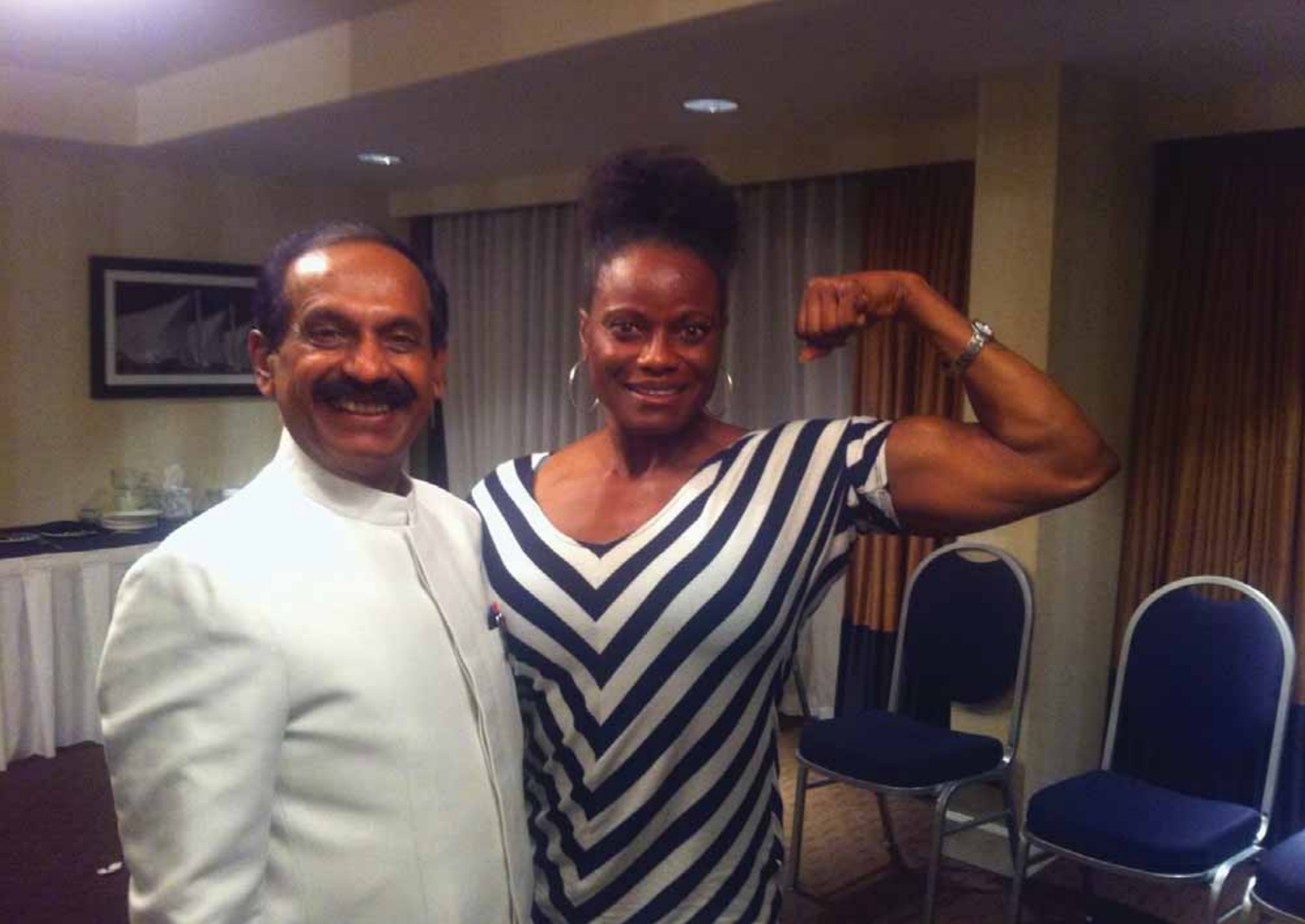




NAME
NITIN PAND

2





Alopecia Case

January 01, 2001



September 13, 2001



Complete Recovery

January 2002



October 2002



June 2003



**Additional effects
reported by this patient:**

- Stronger hair
- Stronger nails
- Stronger wisdom teeth...

PANKAJ NARAM

Insist on us

Age: 0.00 Years Sex: MALE

Reference: Dr...

Sample Collected At:

S.N.GAVASKAR PATH.LAB

PRALHAD,

AAREY RD,

GORGAONE (E), MUMBAI: 400063 Zone 35

SID: 607456917

607456917

Collected On:

09/03/2007 05:52 PM

Registered On:

09/03/2007 05:52 pm

Reported On:

09/03/2007 7:56 PM

Test Description

Observed Value

Reference range & Units

Hormones :

HGH- Human Growth Hormone, Serum by CLIA

0.11

13 years	0.1 - 7.9 ng/ml
14 years	0.09 - 7.1 ng/ml
15 years	0.1 - 7.8 ng/ml
16 years	0.08 - 11.4 ng/ml
17 years	0.22-12.2 ng/ml
18-19 years	0.97 - 4.7 ng/ml
Adult Male	0.05 - 5 ng/ml

Testosterone (Total), serum by CLIA

535.41

Males : Below 50 yrs : 166 to 877 ng/dL
50 yrs and older : 156 to 563 ng/dL

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0201mndia.com

Results relate only to the sample as received

[Handwritten Signature]

Dr. Naram



DR PANKAJ NARAM

Reference:Dr.
Sample Collected At:
S.N.GAVASKAR PATH.LAB
PRAHAD,
AAREY RD.
GORGAON(E), MUMBAI: 400063Zone 35

SID: 708017552

708017552

Collected On:

12/04/2007 06:27 PM

Registered On:

12/04/2007 06:27 PM

Reported On:

12/04/2007 8:43PM

Age:0.00 Years Sex:MALE

Test Description

Observed Value

Reference range & Units

Hormones :

HGH- Human Growth Hormone, Serum by
CLIA

0.85

13 years 0.1 - 7.9 ng/ml
14 years 0.09 - 7.1 ng/ml
15 years 0.1 - 7.8 ng/ml
16 years 0.08 - 11.4 ng/ml
17 years 0.22-12.2 ng/ml
18-19 years 0.97 - 4.7 ng/ml
Adult Male 0.06 - 5 ng/ml

Testosterone (Total),serum by CLIA

693.00

Males :Below 50 yrs : 166 to 877 ng/dL
50 yrs and older : 156 to 563 ng/dL

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Dr. Pankaj Naram



DR PANKAJ NARAM

(initials) on 14/05/2007

Age: 53.00 Years Sex: MALE

Reference Dr.:
Sample Collected At:
S.N.GAVASKAR PATH.LAB
PRALHAD,
AAREY RD,
GORGAONE, MUMBAI: 400063 Zone 35

SID: 708061716
708061716
Collected On:
14/05/2007 07:30 PM
Registered On:
14/05/2007 07:30 pm
Reported On:
14/05/2007 10:19 PM

Test Description	Observed Value	Reference range & Units
Hormones:		
HGH- Human Growth Hormone, Serum by CLIA	3.36	13 years 0.1 - 7.9 ng/ml 14 years 0.09 - 7.1 ng/ml 15 years 0.1 - 7.8 ng/ml 16 years 0.08 - 11.4 ng/ml 17 years 0.22- 12.2 ng/ml 18-19 years 0.97 - 4.7 ng/ml Adult Male 0.06 - 5 ng/ml
Testosterone (Total), serum, by CLIA	639.60	Males : Below 50 yrs : 166 to 877 ng/dL 50 yrs and older : 156 to 563 ng/dL

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Result of Blockage
before Necrosis
tissue becomes

MUSCULAR STROPH

Card Card No.-M-7010

Before treatment

- Dtd.18-10-2001

Blood for CPK-NAC—14880 u-l

(Normal Range – 0 to 226 u-l)

- Dtd.18-10-2001

Muscle biopsy for HPE-

Pseudomuscular Dystrophy

After treatment

•Dtd.-16-12-2003

Blood for CPK-NAC---91 u-l

(Normal Range – 0 to 226 u-l)

**Now he can walk & run easily
for long distance. Now calf
muscles of both legs are very soft.**

Treatment

FOOD SUPPLEMENT GIVEN

- **Herbal Anti Oxidant Formula**
- **Sandhishakti Formula**
- **Joint Mantra Formula**
- **Auto Immune Formula**
- **Vibrant Detox Formula**

•Panchkarma

Shashthi shali pind swed



Background results
in AZOOSPHERIA
only by
nourishing reproductive
tissues

Case Card No.:P-4418

Before treatment

Dtd.: -18-6-2003

Semen Analysis

Quantity :- 0.5 ml

Sperm Count :- Nil

Sperm Motility :- Nil

After treatment

Dtd.:04-02-2004

Semen Analysis

Quantity :- 3.1 ml

Sperm Count :- 69 million/ml

Sperm Motility :- 27 %

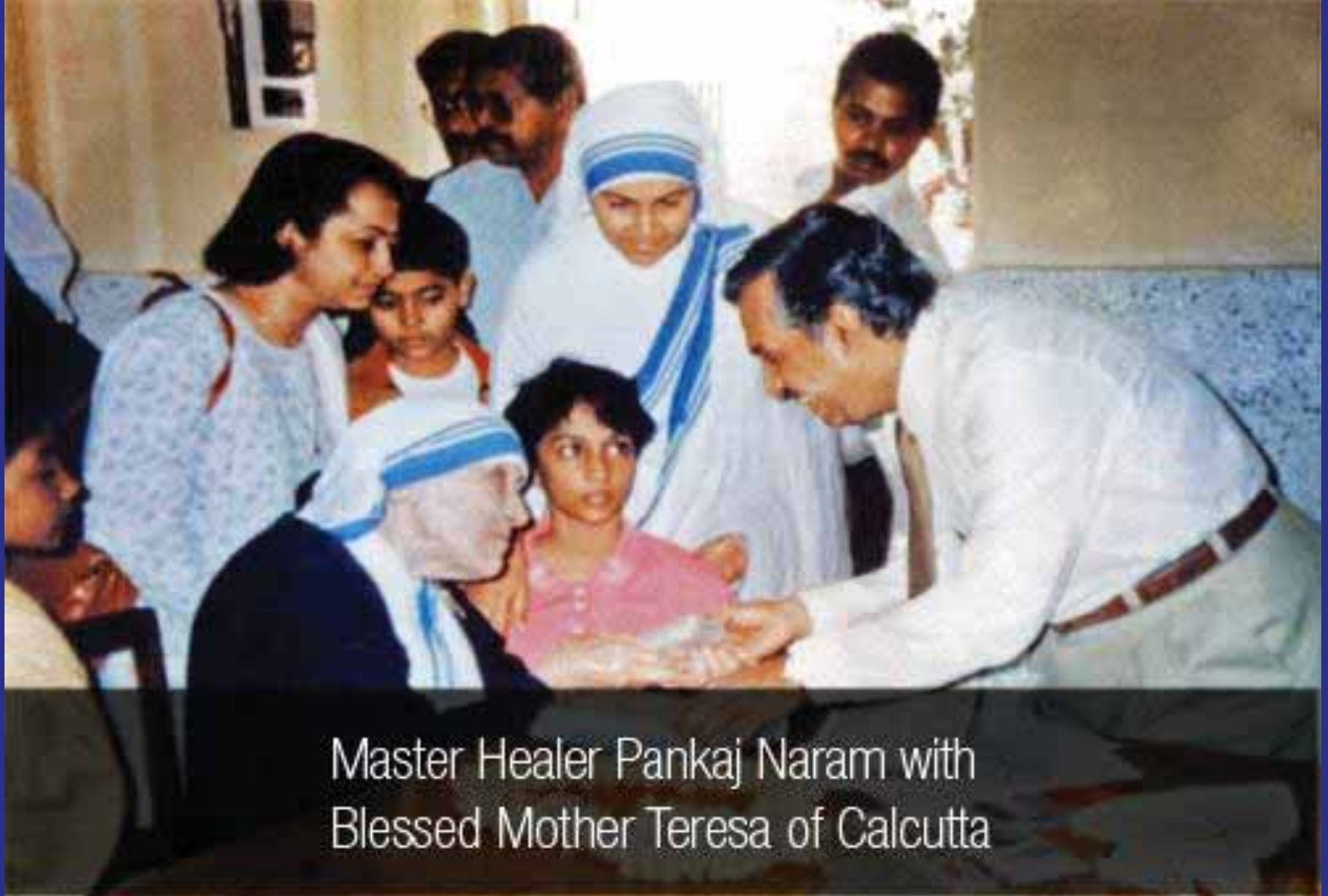
Treatment

FOOD SUPPLEMENT GIVEN

- **Virya Yog Formula**
- **Virya Shakti Formula**
- **Youth 24 Formula**
- **Youth Mantra Oil**



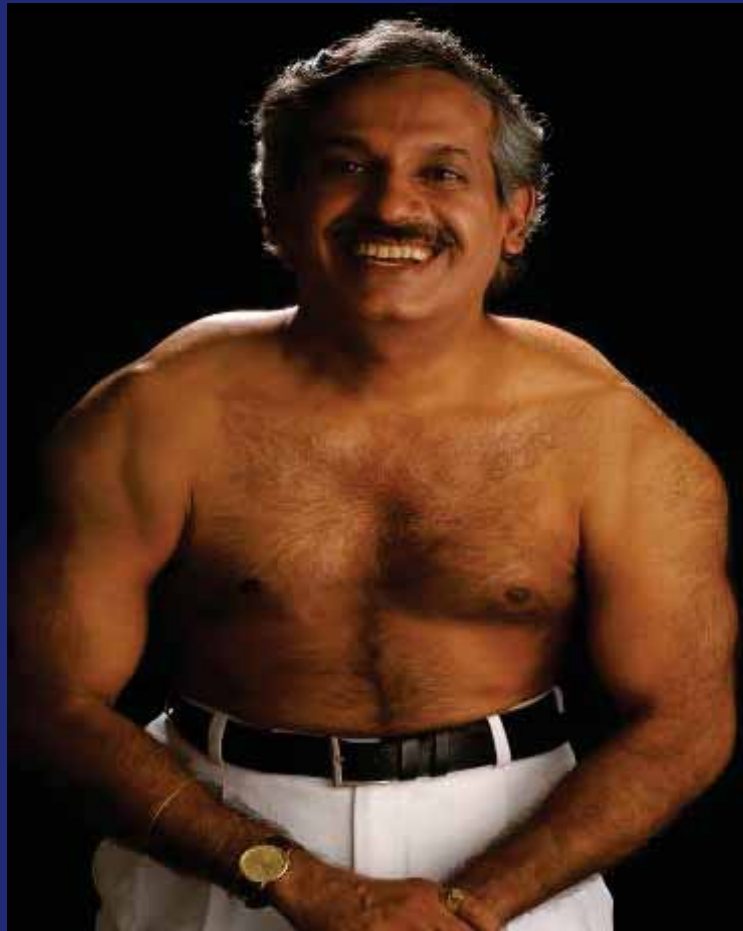
I WAS 85 KGS. = 187 POUNDS



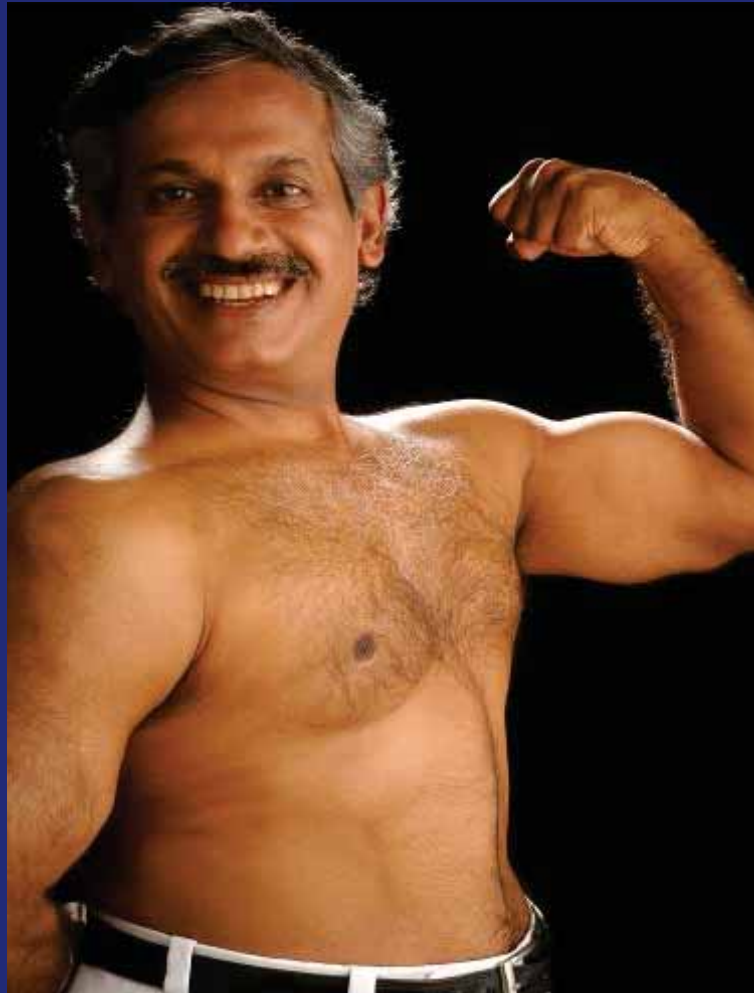
Master Healer Pankaj Naram with
Blessed Mother Teresa of Calcutta

I WAS 85 KGS. = 187 POUNDS

**I DISCIPLINED MY SELF FOR A
BIG CHANGE
TO LOOSE - 57 POUNDS**



NOW I AM 59 KGS. = 130 POUNDS



NOW I AM 59 KGS. = 130 POUNDS



Master Healer Pankaj Naram receiving Award
from German Medical University Professors



Master Healer Pankaj Naram receiving Award from the State of New Jersey and the Honorable Former Governor Christine Todd Whitman for helping thousands of 9-11 Firefighters & First Responders



Former South African President, Nelson Mandela,
a true African Gandhi







**Would you like to make a difference on this Planet?
You can be a part of a Problem or part of a Solution,
Our Solution is creating projects:**

- 1. Children with Mental Retardation**
- 2. HIV – AIDS – Seva**
- 3. Animals – Seva**
- 4. Creating Forest**
- 5. Childrens Orphanage Home**
- 6. Preserving – Translating Ancient Scriptures &
making the Secret Wisdom, available to this
World.**

**You can make a choice to be a part
of solution by Contributing your
Time, Energy, Ideas or Just Good
Wishes.**

**To discover more about our ongoing life
transforming projects, please feel free to
contact us at drpankajnaram2@gmail.com**

001-888-817-3481

#1. WHY WE BECOME SICK AND EXPERIENCE ILL HEALTH...

**DEPRESSION, ANXIETY & CHRONIC
HEALTH CHALLENGES LIKE
DIABETES, BLOOD PRESSURE, HEART,
OBESITY, INFERTILITY, SEXUAL
DISFUNCTION, STROKE, CANCER,
ALZHEIMERS, ARTHRITIS...**

**#2. DISCOVER 6 AGELESS
ANCIENT INSTRUMENTS TO
REVERSE YOUR AGING BY 5
TO 20 YEARS AND
EXPERIENCE TRUE HEALTH,
VITALITY AND HAPPINESS.**

(at any age)

**#3. ANCIENT HEALING SECRET
FORMULAS
TO BOOST YOUR
MEMORY AND BRAIN POWER BY
20% to 600%**

**#4. ANCIENT HEALING SECRET
MANTRA AND MARMA
TECHNIQUES**

**TO REDUCE BLOOD PRESSURE,
ADJUST PULSE RATE**

**AND REACH ALPHA LEVEL
AT ANY TIME**

TO EXPERIENCE TRUE BLISS

**#5. HOW YOU CAN PROTECT
YOURSELF FROM ALZHEIMERS,
STROKE, DIABETES, ARTHRITIS,
OSTEOPOROSIS, STIFF JOINTS,
HEART PROBLEMS, CANCER, MOOD
SWINGS, OBESITY, STRESS,
DEPRESSION, ANXIETY, HAIR LOSS,
WRINKLES, HORMONAL
IMBALANCE,
EYE DEGENERATION...**

ECSTASY IS YOUR BIRTH **RIGHT!**

**#6. HOW YOU CAN EXPERIENCE
AND ENJOY MULTIPLE INTENSE
ORGASMS AT ANY AGE.**

**ANCIENT HEALING SECRETS
TECHNIQUES FOR BOTH WOMEN
AND MEN
TO ACHIEVE YOUR BIRTH RIGHT.**



Young Master Healer Pankaj Naram with his beloved teacher, the True Healer, Baba Ramdas (at the time of this photo he was 115 Years Young)















Dr. Dhanraj Naram





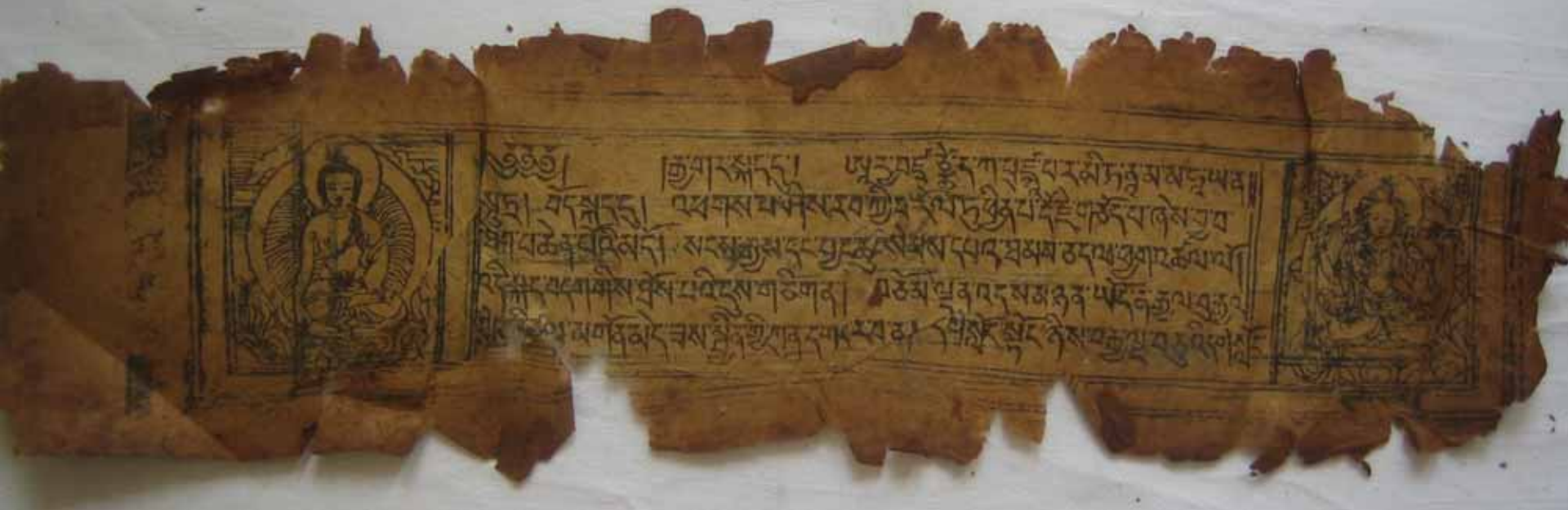
Tibetan Lama handing over Ancient Ayurvedic Scriptures to Dr. Pankaj Naram

2000 plus Yrs. Old Ancient Handwritten MANUSCRIPTS /Scriptures



“SIDDHA VED”

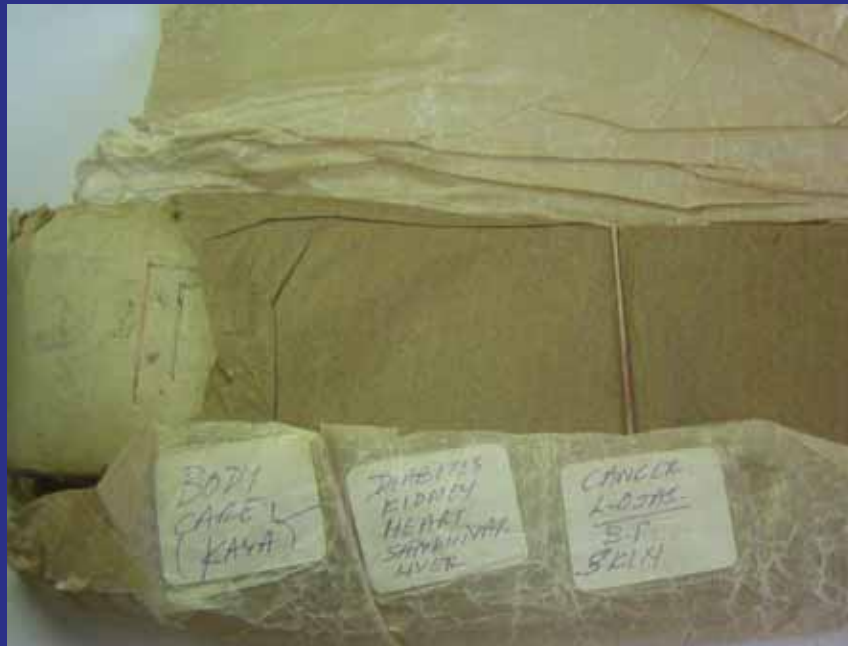
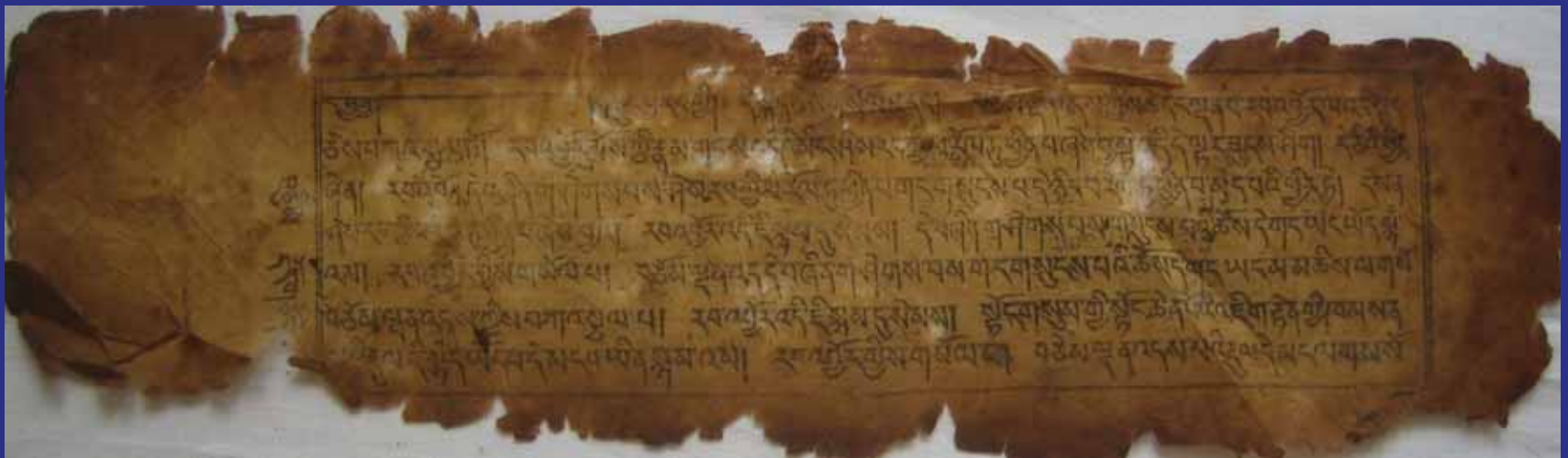




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श्रूयते विपुलः शोभेन्नसायांतिराससाः प्रविभतिमहसं देनूनमधमयासह ३२ सीता नीला गुहा गता तत्र तिष्ठन् हस्त
हंतमिथ्याहंसवानराससान्घोरान् ३३ अत्र किंचिन्नृजः पापितोमिममोपरि तथेति सीता मारायलक्ष्मणौ
होयौ ३४ रामः परिकान्ध्याधनुरादायिष्ठ तृणैः च तप्तं वायुतोमवद्विभुः ३२ ततश्चागत्यास्तोमिहान
स्योपरिविस्मिपुः आयुधानिविविक्ताणि पापानि
रासहस्रेण हस्तात्ताम्रवाससान् ३४
योषिगुहामध्यासीतामारायणघडे मन्त्राः ३५ सीता रामेण मालिङ्गप्रसन्नमृत
३६ सीतेन प्रमालेजेन





**Dr. Naram with His Holiness,
The Dalai Lama**

















For Future Information:

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